



Hazards and Risks for Visitors on Motuihe Island

Please read the following important health and safety messages and ensure that you are aware of this information before arrival on Motuihe Island.

We want you to enjoy your visit, and we do our best towards making that happen, but it does depend on everyone being responsible and not doing anything beyond your capabilities. We also ask you to pay attention to what the group leaders are asking you to do. It is an island environment – it's not so easy to call for help.

First Aid kits are located in the woolshed, kiosk and on the tractor.

An AED is located on the outside wall of the main toilet block located at the isthmus.

Activity	Risks or Hazards	What you do about it
General	If it looks unsafe	Don't do it. Let us know about it.
	Weather (sun/heat/rain/cold/ storm)	Wear/bring appropriate clothing for the island and boat transport (sunhats/sunscreen; wet weather gear, sweater)
	Slips (landslides), track blockages	Keep clear; Do not approach; Alert us to any unmarked slips that you come across
	Dehydration	Bring bottled water. Drink plenty of water – before you get thirsty. Remember there are no shops on the island.
	Isolated places	Don't work on your own; don't go off on your own. Keep an eye on the members of your group/family.
	Exhaustion/tiredness	Don't overdo it; move around the island at your own pace; take a break
	Uneven & narrow surfaces	Wear sturdy footwear; take your time; check before you go; move carefully. Stick to marked tracks. Areas of tracks are narrow, uneven and have drains on either side. Stay in single file where necessary
	Medical conditions/allergy	Bring medication, alert supervisor to potential risk or allergy if appropriate
	Steep cliffs	Keep to marked tracks. Keep clear of bluffs and steep hillsides.
	Tree climbing	Do not climb trees
	Fire	No open fires allowed on the island. Closely monitor all BBQs. Take all cigarette ends and used matches with you.
	Limited toilet facilities - main block is by the wharf.	Make use of the facilities that are there. Note: An AED is located on the exterior wall of the toilet facilities
	Emergency	Don't go off on your own. Know the phone number of your group leader. Motuihe Trust group leaders carry a mobile phone. Call 111.

		Ensure you have given your group leader, or us, your emergency contact details.
	Tractor	Keep away from moving tractor, allow adequate passing space on tracks. Do not climb on tractor or trailer. Follow Tractor driver's instructions.
Woolshed	Potting mix - inhalation risk	Stay away from potting mix bags
	Dust hazard	Don't stir up dust by running around, children playing
	Wet slippery surfaces	Go slowly. Wear sturdy footwear