



## Hazards and Risks for Visitors on Motuihe Island

If you are planning to visit Motuihe Island as a volunteer with Motuihe Trust please read the following important health and safety messages. If you are the leader or organiser of a group visiting, please ensure that your group knows this information too.

We want you to enjoy your visit, and we do our best towards making that happen, but it does depend on everyone being responsible and not doing anything beyond your capabilities. We also ask you to pay attention to what the group leaders are asking you to do. It is an island environment – it's not so easy to call for help.

First Aid kits are located in the woolshed, kiosk and on the tractor. Small kits are carried on planting and weeding groups.

Activity	Risks or Hazards	What you do about it
<b>General</b>	If it looks unsafe	Don't do it. Let us know about it.
	Weather (sun/heat; rain/cold/storm)	Wear/bring appropriate clothing for the island and boat transport (sunhats/sunscreen; wet weather gear, sweater)
	Slips (landslides), track blockages	Keep clear; Do not approach; Alert us to any unmarked slips that you come across
	Dehydration	Bring bottled water. Drink plenty of water – before you get thirsty. Remember there are no shops on the island.
	Isolated work places	Don't work on your own; don't go off on your own. Keep an eye on the members of your group/family.
	Exhaustion/tiredness	Don't overdo it; work at your own pace; take a break
	Uneven surfaces	Wear sturdy footwear; take your time; check before you go; move carefully. Stick to marked tracks unless with a planting group.
	Medical conditions/allergy	Bring medication, alert supervisor to potential risk or allergy if appropriate
	Steep cliffs	Keep to marked tracks unless with a planting group. Keep clear of bluffs and steep hillsides.
	Tree climbing	Do not climb trees
	Fire	No open fires allowed on the island. Closely monitor all BBQs. Take all cigarette ends and used matches with you.
	Limited toilet facilities - main block is by the wharf.	Make use of the facilities that are there
Emergency	Don't go off on your own. Know the phone number of your group leader. Motuihe Trust group leaders carry a mobile phone. Call 111. Ensure you have given your group leader, or us, your emergency contact details. There are no defibrillators on the island.	

<b>Activity</b>	<b>Risks or Hazards</b>	<b>What you do about it</b>
<b>Planting</b>	Spades – sharp end can cause injury	Carry spade with blade down, always leave spade standing up, not lying on the ground where it can get hidden.
	Uneven ground, deep grass hiding hazards/holes	Wear sturdy footwear. Go slowly, watch where you walk.
	Digging	Mind your back. Don't strain When you dig, ensure all feet and hands are out of the way.
	Lifting plants	Don't lift more than you feel comfortable with.
	Tractor	Keep away from moving tractor, allow adequate passing space on tracks. Do not climb on tractor or trailer. Follow Tractor driver's instructions.
<b>Nursery</b>	Potting mix - inhalation risk	Only adults to open and take potting mix from big white bags. Use masks. Wash hands after use
	Dust hazard	Don't stir up dust by running around, children playing
	Wet slippery surfaces	Go slowly. Wear sturdy footwear
<b>Weeding</b>	Injury from hand tools	Wear gloves and sturdy footwear
	Irritation from moth plant and other weeds	Wear protective clothing and gloves provided
	Uneven ground, deep grass hiding hazards/holes	Wear sturdy footwear. Go slowly, watch where you walk.
	Herbicide	Wear protective clothing including gloves. All persons using spray chemicals to hold a Growsafe certificate, or to work under the supervision of a person holding a Growsafe Handler certificate Follow instructions.
	Hand held motorised equipment eg weed eaters	Only approved users permitted to operate. Wear protective clothing